

#### **MEDIF**

## Information for health professionals.

MEDIF is required when the passenger has a history of recent illness, hospitalization, recent surgeries, or any health condition that is considered unstable.

Our aircraft are pressurized and highly safe, as well as, in most cases, reasonably comfortable. However, all short, medium or long-haul flights can cause passengers some level of stress.

Inside the aircraft, the main difference between the internal environment and the ground environment is only pressurization. Contrary to what is commonly believed, modern aircraft are not pressurized at sea level. In this way, the altitude of the cabin during flight ranges between 1524 meters and 2438 meters (between 5000 and 8000 feet), which results in a barometric reduction, which causes some adaptations in the human body that are imperceptible to healthy people. Here are some examples:

- Blood pressure oxygen decreases, on average, from 98 mmHg to 55 mmHg. In practice, this means a decrease of about 4% in peripheral oxygen saturation (SO2).
- A dilation of gases occurs during the exposure of the human body at this altitude to around twice its volume.
- Low humidity, between 10% and 20%. Although for the vast majority of healthy travelers the adaptations that occur in the human body are imperceptible, they can cause decomposition in people with coronary, pulmonary or cerebral vascular disease, as well as in anemic patients.

The following guide indicates the minimum waiting time that is recommended after some of the most common treatments:

- Open surgeries of the chest, abdomen or skull: 10 days.
- Corneal laser cataract surgery: 1 day.
- Ophthalmological operations where gas was introduced into the eye or there was retinal detachment: 6 days (since the air retained in the cavities expands during the flight).
- Tonsillectomy or palatoplasty: 15 days.
- Appendectomy or closed abdominal surgery: 7 days.
- Laparoscopies: 2 days.
- **Angioplasty.** If the procedure is simple and there are no symptoms: 3 to 5 days.
- Cardiac surgery: If you are well or in good health and really need to do so, you can travel after 10 days, although it is recommended to wait 4 to 6 weeks.
- **Heart attack:** You should not fly.
- **Hypertensive crisis:** 1 day after being stabilized.
- Stable asthma: This is usually not a problem. Carry your medication with you.
- Chronic bronchitis, ephimsema or other type of chronic obstructive pulmonary disease: If you can walk (without supplemental oxygen) for (50 meters) without flailing, you can fly.





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- Pneumothorax: It has to be completely resolved at least a week before flying.
- We remind you that if you suffer from an infection, the flight is contraindicated.
- Stroke: 10 days from when symptoms are stable.
- **Epilepsy:** 2 days after the last seizure.
- Ear infection or sinusitis: You should not fly during the infection.
- Breaks: If you had a cast, you should wait at least 48 hours.

This list is not exhaustive and Flybondi – Aerocare will evaluate each case individually according to the circumstances. We advise you to be cautious if you have any doubts: if you have recently undergone an operation or suffer from a serious illness, we recommend that you do not travel until you are able to do so. If you have any questions or would like more information, you can consult our health service.



To be completed by the passenger or

## **MEDIF**

# **Standard Medical Information for**

Dear Doctor, Answer all questions – mark with a cross (x) in the "yes" or "no" boxes. Complete with legible print. Then all copies of the form must

comp	anion	Transpo	rtation				be signed.
1	Passenger Fir	Passenger First and Last Name (Full):				Cellular:	
	Date of birth: Gender			F X		Height:	Weight:
2	Proposed itiner	ary Dep	arting from:			Expected date of outbound travel:	
	Is it a round trip?  Yes No Arrival in:					Expected date of return trip:	
3	Nature of the or the disease	disability e (reason for car	e):				
4	Passenger Co	ndition:		Can the passenger travel unaccompanied?  Yes  No  Does the companion have to be health personnel?  Yes  No			
5	Flybondi does	not transport pas	ssengers on stretcl	•			
6	Companion details  In the case of passengers with visual or hearing impairments, please indicate whether you are travelling with an assistance dog.			ame:		Gender: M F X	
	Kinship:		Age:			Professional su	uitability:
7	la a a la la a lu?	Do you have your Co Own chair? Yes No	Ves Yes No	s? ¿With battery Spillable?  Yes  No		WCHS around the Chair for transposes can airport. The paraboses NOT Clim	ssenger SEAT
	NOTE: Spillable wheelchair batteries are considered "hazardous cargo." Other batteries are accepted under special conditions. You must request the acceptance form for the transport of wheelchairs with battery when submitting it to the MEDIF.						
8			es not apply insid		lianta athau aautus	and an incoming the name	on voquencible for the
	Other shore-based needs  Yes No (Please indicate other contracted services, the person responsible for the expenses, the relevant addresses and the contact information) Specify					-	
9	At the airpo	at the points of		Specify			
	3 Preparations Destiny	s at the airport		Specify			
	4 Other require	ements or other formation		Specify			





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Dear Doctor, Answer all questions - mark with a cross (x) in the "yes" or "no" boxes. Complete with legible print. Then all copies of the form must

the p	Standard Medical Information for Transportation  Standard Medical Information for Transportation			legible print. Then all copies of the form must be signed.			
10	Special services on board? (For example, special meals, special seat, rest legs, extra seat, special seat belt and others special equipment ).			Yes No			
	If so, indicate in each item the tranche where special services will be required, the description of the special services contracted and the person responsible for the expenses.  Note: For special supplements, such as oxygen concentrators, it is necessary to clarify their use and their approval is subject to company policies and the adequacy of the equipment to the IATA DGR table 2.3.A.						
11	Are you a valid FREMEC card holder for this trip?  No  Yes  If yes, please indicate number, issued by, permanent/chronic disability, special needs.						
					1		
PLACE		DATE	ID		SIGNATURE AND CLARIFICATION OF THE PASSEN	GER	
I							



To be completed by the passenger's attending physician

# **MEDIF**

## **Medical Information Sheet**

To be completed by the doctor treating the passenger. We ask the treating physician to answer all questions. Use Part No. 1 as a guide. Mark with a cross (x) in the Yes or No boxes. Answer briefly and concisely. Use PRINT. This form is intended to provide confidential information that will enable Aerocare to assess the passenger's health conditions in relation to the flight. If the passenger is accepted, this information will allow the necessary steps to be taken to provide them with adequate safety and comfort							
MEDA 1	Passenger's First and Last Name:						
MEDA 2	Details of the treating doctor  Name and surname of the doctor:  Professional Registration Number:	Contact t		pers:			
MEDA 3	Medical Information  Detailed diagnosis (including vital signs): Onset of  early symptoms:						
MEDA 4	Date of surgeries and/or diagnoses:  Forecast for the flight:						
MEDA 5	_						
MEDA 6	Could physical and/or mental condition be a cause of stress?  Specify possible discomfort for other passengers		Yes				
<b>7</b>	Can the patient use the aircraft seat in the VERTICAL position when necessary?	on?	Yes				
MEDA 8	Can the patient take care of their own needs or help (includi bathroom visits, etc.)?  If not, what kind of help do you need?	Aboard Yes No					
MEDA 9	If it is necessary to take a companion on the trip, do you agree with the proposal in Part 2?  If not, what do you propose?						
10	Flybondi does not accept the carriage of passengers who need oxygen on board.						
11	Does the patient need any medication during the flight (which can be taken without assistance or administered by another person) or any special devices (respirator, incubator, aspirator, etc.)?						
12	A) On the ground, at the airport    Yes   No	n board the air	Craft  If it is YES, specify:				

flybondi



# Part 3 MEDIF

#### MEDIF

the pas	To be completed by the passenger's attending physician  Medical Information Sheet						
MEDA <b>13</b>	boes the patient require hospitalizations (if so, indicate the preparations made of, it not prepared, indicate the						
MEDA 14		ong waits or nights in or the B) After arriving at the destination:  the route Yes No Preparations:  Yes No Preparations:					
мера <b>15</b>		mation or other  Idations for transport?  No If any, specify the patient carefully and comfortably					
16	Other meas	sures taken by the treating physician:					
		e date of onset of the disease, the episode or accident and the treatment and specify if it is contingency).  e of a recent transaction, declare the nature and date of any recent transaction (regardless of its e):					
мера <b>17</b>							
	Current sign	ns and symptoms (Specify severity; vital signs are required):					
мера <b>18</b>							



To be completed by the passenger's attending physician

## **MEDIF**

#### **Medical Information Sheet**

Can a 25% to 30% reduction in the partial pressure of ambient oxygen (relative hypoxia) affect the patient'smedical condition? (The cabin pressure becomes equivalent to that of a high-speed trip or a mountain at an

19	altitude of 2400 meters (8000 feet) above sea level)					
	Additional Clinical Informatio					
	1. Heart condition  Yes  No	When was the last episode?  Date//	Is the condition stable?  Yes  No			
меда <b>20</b>	1.1 Angina  Yes  No	Functional classification  No symptoms >-exertional angina <-exertional angina Resting angina	Can the patient walk 100 meters at a normal pace or climb 10 to 12 steps without symptoms?  Yes No			
	1.2 Myocardial infarction  Yes  No	When was the last episode?  Date//	Complications?  Yes No Report details.	Have you taken an EKG stress test? Yes No Result in Mtz		
	1.3 Heart failure  Yes  No	When was the last episode?	Controlled with medication?  Yes No	Functional classification ?  No symptoms Shortness of breath with: > Effort Seffort Seffort Seffort Seffort Seffort Seffort Sest Seffort Sest Seffore Seffort		
	1.4 Syncope  Yes No	When was the last episode?  Date//	Was it studied?  Yes No  Report details.			
	2. Chronic lung condition  Yes  No  Yes  No  Yes  No  Yes  No		Blood gases were taken in:  Ambient air Oxygen LPM  If so, what were the results:  PCO2 PO2 SATURATION  Test Date///////			



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## **Medical Information Sheet**

20	Does the patient retain CO2  Yes No	recently?			Have you ever floothe same condition  Yes No  Accompanied?  Did you have any p	Date//	
	3. Psychiatric condition	Is there any chance patient will be upse flight?  Yes No			Has your situation deteriorated recently?  Yes  No		
	4. Seizures?  Yes  No	What kind of seizures?		Prequency of seizures?  Date of last episode:		Are seizures controlled with medication?  Yes No	
	5. Forecast for the flight	Well Regular E			ad boy		
	6. Mobility and musculoskeletal system  Yes No			Are you currently with plaster?		Yes No	
	Specify Fractured Bone		Date of placement of the plaster		ent of the		
			Is the plaster found? cleft?		ınd?	Yes No	
The crew is NOT authorized to provide special assistance to passengers in a private way to the detriment of the service provided to other passengers. In addition, she is only trained in FIRST AID and is NOT AUTHORIZED to give injections or give medicines. Important: Any charges that may result from the above and the special equipment provided by the company must be paid by the passenger.							
PLACE		DATE		DOCTOR'S	DOCTOR'S SIGNATURE AND SEAL		
I hereby authorize my treating physician stated herein, to provide all information required by Aerocare, in order to confirm that I am in good health condition to travel by air in pressurized air cabin.							
PLACE		DATE		SIGNATURI	SIGNATURE AND CLARIFICATION OF THE PASSENGER		
This	MEDIF has been reviewed and v	ralidated by AEROCARE					
PLACE		DATE		AEROCARE	SIGNATURE		